

Spring Canyon Middle School

6th Grade Elective Course Descriptions

Fine Arts (Students must choose 1.0 credit from Fine Arts)

6th Grade Introduction to Fine Arts - Full Year

This is four fantastic classes in one! - This introduction to the fine arts rotation is intended to give a broad introductory experience to students across the visual and the performing fine arts disciplines. In this course, students will have their first taste of the many fine arts classes that will be available for them to take later in 7th grade as well as junior high and high school. It is intended to help students explore what they enjoy and what their interests may be in different areas. It will also help students develop rudimentary skills in the various fine arts fields giving them a foundation to build upon in 7th grade. (1.0 Fine Arts Credit - Fee Required)

Orchestra I - Beginning orchestra for those with minimal or no playing experience - Full Year

This course provides opportunities for students to develop musical skills through learning to play violin, viola, cello, or string bass. Students will love learning many different types of music while developing tone quality, playing in tune, rhythm, bowing and interpretation skills. The group will perform several times throughout the year in concerts, and regional string festivals. Violin and viola students will need to provide their own instruments. Quality instrument rentals or purchases are available through local music stores. Cello and string bass students may provide their own or rent instruments through the school. (1.0 Fine Arts Credit - Fee Required)

Orchestra 2 - Second year orchestra for those with previous playing experience - Full Year

This course is for students who have taken Orchestra I (or have previous strong playing experience). The course will expand musicianship skills on the violin, viola, cello and string bass through the second year of development. Violin and viola students will need to provide their own instruments. Quality instrument rentals or purchases are available through local music stores. Cello and string bass students may provide their own or rent instruments through the school. (1.0 Fine Arts Credit - Fee Required)

Band 1 - Beginning Band for those with little or no playing experience - Full Year

Come be a part of a fun and friendly class and learn how to play an instrument at the same time! No matter what grade you are in, everyone can join and become a part of one of the coolest groups ever! You don't need any experience on any of the instruments, and you don't even need to know what instrument you want to play, we will help decide that with you! This class includes Brass (trumpet, trombone, baritone French horn), Woodwinds (flutes, clarinets, saxophone), and Percussion. So... if you like having fun and being a part of something great come and join band! (1.0 Fine Arts Credit - Fee Required)

Band 2 - Second year band for those with previous playing experience - Full Year

This course is for students who have taken Band 1 (or have previous strong playing experience). Band 2 will expand and grow the skills you learned and developed in Band 1. This course will prepare you to continue playing in band through junior high school and beyond! This class includes Brass (trumpet, trombone, baritone French horn), Woodwinds (flutes, clarinets, saxophone), and Percussion. (1.0 Fine Arts Credit - Fee Required)

Additional Electives (Students may choose ONE 0.5 credit from this category)

Dance I - Half Year

This class is a one semester class for the beginning dancers with no previous dance experience required. Students will learn basic dance skills in flexibility, technique and all genres of Jazz dance. Styles taught will include Hip-Hop, Contemporary, Jazz and others. Grading is based on participation. (0.5 Elective Credit)

Aerobic Conditioning - Half Year

This co-ed class focuses on fitness concepts and an overall fitness/conditioning program to help students increase their fitness knowledge and levels. Students will be introduced to flexibility training, cardiovascular activities, and weight training. Fitness activities include (but are not limited to) walking, distance running, sprinting, circuit training, plyometric, speed and agility training, core training, yoga, and sports. If you want to become a better athlete, dancer, or just want to improve your overall health while having a fun time, then this class is for you! (0.5 Elective Credit)

Debate - Half Year

Introduction to debate. This class will cover the basics of speaking and debate. Students will spend time researching a topic (usually related to school conditions or current events) and form an argument on either side of the topic. Students will dabble in multiple forms of debate and hone in their critical thinking and presentation skills. The culmination of the class will be preparing for and debating in in-class and school-wide debates (and possibly against other schools). Speaking in front of the class individually and in groups is required. (0.5 Elective Credit)

Communications – Half Year

Students will practice many types of communication methods to deliver a message, including best use of social media, public relations and public speaking including storytelling, informative and persuasive speeches. Students will learn how to present themselves with confidence to an audience and become skilled in both verbal and nonverbal cues. Students will learn how to best present themselves with confidence and ease. (0.5 Elective Credit)

STEM Science - Project Learning - Half Year

You will enjoy designing and building science, technology, engineering and math based projects. This class is intended to expand your creativity and higher order thinking skills as you design and complete hands-on projects. Students will investigate and respond to authentic, engaging, and complex questions and challenges set around real world problems. In sixth grade, a half of a year is required in STEM, this class would be an extension giving students a full year of STEM. (0.5 Elective Credit - Fee Required)