

Spring Canyon Middle School

7th Grade Elective Course Descriptions

Fine Arts (Students must choose either 0.5 or 1.0 credits from Fine Arts)

Chorus - Half Year

Open to any student who loves to sing. We will learn the basics of choral singing habits and notation. We will work on sight-reading, simple rhythms, ear training, melodies and harmony. Students will perform in one concert. (0.5 Fine Arts Credit - Fee Required)

Concert Choir - Full Year

This choir is for both boys and girls, whether you are new to singing or have previous experience performing in choirs you will enjoy this year long performing arts experience. Students will learn basic music literacy, vocal technique, singing in more than one part and performance skills. There is no audition required for this class. Students will perform in a Fall/Winter Concert and a Spring Concert. (1.0 Fine Arts Credit - Fee Required)

Orchestra I - Beginning orchestra for those with little or no playing experience - Full Year

This course provides opportunities for students to develop musical skills through learning to play violin, viola, cello, or string bass. Students will love learning many different types of music while developing tone quality, playing in tune, rhythm, bowing and interpretation skills. The group will perform several times throughout the year in concerts, and regional string festivals. Violin and viola students will need to provide their own instruments. Quality instrument rentals or purchases are available through local music stores. Cello and string bass students may provide their own or rent instruments through the school. (1.0 Fine Arts Credit - Fee Required)

Orchestra 2 - Second year orchestra for those with previous playing experience - Full Year

This course is for students who have taken Orchestra I (or have previous strong playing experience). The course will expand musicianship skills on the violin, viola, cello and string bass through the second year of development. Violin and viola students will need to provide their own instruments. Quality instrument rentals or purchases are available through local music stores. Cello and string bass students may provide their own or rent instruments through the school. (1.0 Fine Arts Credit - Fee Required)

Band 1 - Beginning Band for those with little or no playing experience - Full Year

Come be a part of a fun and friendly class and learn how to play an instrument at the same time! No matter what grade you are in, everyone can join and become a part of one of the coolest groups ever! You don't need any experience on any of the instruments, and you don't even need to know what instrument you want to play, we will help decide that with you! This class includes Brass (trumpet, trombone, baritone French horn), Woodwinds (flutes, clarinets, saxophone), and Percussion. So... if you like having fun and being a part of something great come and join band! (1.0 Fine Arts Credit - Fee Required)

Band 2 - Second year band for those with previous playing experience - Full Year

This course is for students who have taken Band 1 (or have previous strong playing experience). Band 2 will expand and grow the skills you learned and developed in Band 1. This course will prepare you to continue playing in band through junior high school and beyond! This class includes Brass (trumpet, trombone, baritone French horn), Woodwinds (flutes, clarinets, saxophone), and Percussion. (1.0 Fine Arts Credit - Fee Required)

Drama 7 - Half Year

This is a fun class for 7th graders that introduces students to theater and will improve student's ability to speak and present themselves in front of an audience. Various communication skills, as well as the techniques and fundamentals of theatrical performance will be introduced including using voice and movement in performances. If you love to get in costume and perform, this is the class for you! (0.5 Fine Arts Credit - Fee Required)

Art 7 - Half Year

This class is designed to improve basic skills in drawing, composition, use of color, and creative problem-solving. Basic vocabulary, higher-level thinking skills, art history, aesthetics and art criticism built into assignments. Pencil, color pencils, watercolor, markers and ink are some of the media used. Two-dimensional and some three-dimensional work will be included. Natural artistic ability is not as important as sincere effort and a positive "I can" attitude. (0.5 Fine Arts Credit - Fee Required)

Additional Electives (Students may choose one or two 0.5 credits from this category, depending on how many Fine Arts Credits are selected.)

Introduction to Spanish - Half Year

Hola Amigos - This Spanish class places special emphasis on enjoying the language and culture of the various Spanish-speaking nations around the world. Conversational speaking, listening and vocabulary acquisition are also an important aspect of this class. (0.5 Elective Credit)

Introduction to Chinese - Half Year

Ni hao - This Chinese class is designed to expose students to Chinese language and culture. Conversational speaking, listening, and vocabulary acquisition are an important aspect of this class. (0.5 Elective Credit)

Dance I - Half Year

This class is a one semester class for the beginning dancers with no or minimal dance experience. Students will learn basic dance skills in flexibility, technique and all genres of Jazz dance. Styles taught will include Hip-Hop, Contemporary, Jazz and others. Grading is based on participation. (0.5 Elective Credit)

Dance 2 - Half Year

This class is for advanced dancers or those that have completed Dance I or had extensive dance outside of school. Students will continue to learn dance skills in flexibility, technique and all genres of Jazz dance. Grading is based on participation. (0.5 Elective Credit)

Aerobic Conditioning - Half Year

This co-ed class focuses on fitness concepts and an overall fitness/conditioning program to help students increase their fitness knowledge and levels. Students will be introduced to flexibility training, cardiovascular activities, and weight training. Fitness activities include (but are not limited to) walking, distance running, sprinting, circuit training, plyometric, speed and agility training, core training, yoga, and sports. If you want to become a better athlete, dancer, or just want to improve your overall health while having a fun time, then this class is for you! (0.5 Elective Credit)

Debate - Half Year

Introduction to debate. This class will cover the basics of speaking and debate. Students will spend time researching a topic (usually related to school conditions or current events) and form an argument on either side of the topic. Students will dabble in multiple forms of debate and hone in their critical thinking and presentation skills. The culmination of the class will be preparing for and debating in in-class and school-wide debates (and possibly against other schools). Speaking in front of the class individually and in groups is required. (0.5 Elective Credit)

Communications – Half Year

Students will practice many types of communication methods to deliver a message, including best use of social media, public relations and public speaking including storytelling, informative and persuasive speeches. Students will learn how to present themselves with confidence to an audience and become skilled in both verbal and nonverbal cues. Students will learn how to best present themselves with confidence and ease. (0.5 Elective Credit)